

# Eligibility

Individuals who meet the following criteria are eligible:

- Persons who have primary diagnosis of probable Alzheimer's disease or other form of dementia
- Persons who are regularly continent of bowel and bladder
- Persons who are reasonably ambulatory
- Persons who do not have behavioral problems which may pose a danger to themselves and / or others
- Persons residing in Newton, Smith, Jasper, Leake, Scott, Lauderdale, Kemper, Neshoba or Clarke counties.

For more information about this program please call  
**601-683-4320**



**FOOTPRINTS**  
Adult Day Services  
851 Northside Drive  
Newton, MS 39345  
[www.omro.state.ms.us](http://www.omro.state.ms.us)

Referrals can be made by calling:  
**601-683-4320**  
Fax Number: **601-683-4325**



## FOOTPRINTS

### Adult Day Services

Operated by the  
Mississippi Department of Mental Health



# FOOTPRINTS

## Adult day Services

### Purpose

Footprints is a day center that provides a safe, caring and activity oriented environment for those suffering with Alzheimer's disease or other forms of dementia. By supporting families and caregivers, Footprints enables participants to continue living at home and avoid premature placement outside the family.

### Hours of Operation

Footprints is open  
Monday through Friday  
from 7:00 a.m. to 5:30 p.m.

### Program Description

Footprints is based on a social model, which provides a structured setting where participants may enjoy group activities such as exercise, craft making, creative cooking and field trips. Participants also benefit from reminiscing, music therapy, art therapy and other services.

The care ratio is one staff member to four participants. The staff is trained in issues related to the aging process, Alzheimer's disease, dementia care and behavior management.

### "Caregiver Connection"

The Caregiver Connection is a family and caregiver support group. The group meets monthly. Educational information is provided and an opportunity for caregivers to laugh, encourage and share ideas.

### Daily Activities

In order to get the most out of their day, persons with memory loss need help organizing their day. Footprints provides structure through daily activities, which are designed to provide cognitive stimulation. Activities may be in small groups, large groups or individual. Scheduled activities are developed based on the strengths and abilities of the participants. Involvement in these activities may enhance a person's sense of dignity and self-esteem by giving purpose and meaning to life. Additionally, daily activities may lessen undesirable behaviors such as wandering, agitation, sun-downing, as well as help to regulate nighttime sleep.

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